



THE BEST SELF-REFLECTION QUESTIONS FOR MANAGERS

What values and norms does a new employee need to know to be successful in a position similar to yours?

Put yourself a few years into the future. You would have achieved all your goals. What would a typical day in your life look like?

What statement in your obituary would you be most proud of?

If you were an employee on your own team, how would your boss have to act to make you appreciate him or her and to make you fully engaged in your work?

Suppose your plant in the office was an excellent observer. What would it tell me about you and how you deal with stress? What does it see that others don't?

If you had to give a weather report with a view to achieving your goals, would you predict sunshine, rain or changeable weather for the next few days?

If you had an audience joker to help you with this problem, whose advice would you like to hear?

What am I not saying that should be said?

What am I not hearing that I should be hearing?

What is not being heard that I am saying?

Have you ever blamed someone else for your mistakes?

What do you specifically want to accomplish? What deeper, perhaps personal, meaning does this goal have for you?

What has helped you in the past when it comes to your professional growth?

What do you think you should do differently?

Tell me the resources that would be helpful? How or where could you acquire them?

What skills, talents or competencies do you have that you are most proud of? Which ones make you the happiest? Which ones make you feel like you have accomplished something?